

SNOW VALLEY TYPICAL DAILY SCHEDULE

6:15	CLINIC #4	DEFENSE (Schuknecht, Saltzstein, Brindle, Davis) 1. One on one work containing the dribbler in the scoring area 2. Close out on the shooter
8:15		Organization and warm up (Slykhuis)
9:00	CLINIC #5	Shooting the JUMP SHOT (McGinn, Schlabaugh, Gaskill, Spielbauer)
10:00	CLINIC #6	DEFENSE (Schuknecht, Saltzstein, Brindle, Davis) 1. Defense of live ball and shooter. 2. Blocking shooter off the board. 3. Help side of defense and blocking off away from shot. 3 vs. 3 or 4 vs. 4.
11:00-11:30		TEAM PRACTICE SESSIONS - Central Division
11:00-11:30		Western Division Post Play
12:45-1:15		TEAM PRACTICE SESSIONS – Eastern Division
1:15		Everyone reports to gym
1:30	CLINIC #7	PLAYING WITHOUT THE BALL (Davis, Cho, Patterson, Kern) Movement without the ball Emphasize catching in all drills 1. Pass receiving going toward the basket - getting under control. 2. Pass receiving moving away from the basket. 3. Squaring up to the basket. 4. Initial move with the ball.
2:30	CLINIC #8	SHOOTING (McGinn, Schlabaugh, Gaskill, Spielbauer) 1. Off Dribble 2. Off Pass 3. Emphasize Footwork
3:30		Post Work - Point Guard Work - Forward Work
4:30		Team Practice - Western Division

4:30 Central Division Games – Pool A

6:30 Everyone reports to the gym. Warm ups (Slykhuis)

7:00 CLINIC #9 OFFENSE
Passing and catching
Posting up and passing to the post
Post shooting and spotting up

Central - (Kirschner - Roberts)

Central – (Oswald - Flack)

Eastern – (Wells - Bontrager)

Western - (Place - Fey)

8:15 Games start